

Freeman-Kennedy January 2016 Menu

Lunch including milk \$3.00 - Milk alone \$.60

Offered Daily - Choice of PBJ or Cereal with daily sides - Assorted Fruit and Milk served daily

Prepay for January - 18 Lunches \$54.00

 				
Monday	Tuesday	Wednesday	Thursday	Friday
Popcorn Chicken w/bread ALT: Chicken Patty on a roll Peas Goldfish/Chips Assorted Fruit, Milk	(Assorted) Pizza ALT: Chicken Nuggets Oven Fries Broccoli  Assorted Fruit, Milk	Spaghetti w/wo meat sauce ALT: Chicken Patty on a roll Green Beans, Apple Crisp Sweet Potato, Parm Cheese Assorted Fruit, Milk	French Toast Sticks ALT: Assorted Cereal Juice, Syrup, Egg, Sausage, Puffs, Warm Blueberries	Toasted Cheese Sandwich ALT: Chicken Patty on a roll Chicken Noodle/Tomato Soup Fun Mix Assorted Fruit, Milk
Pizza ALT: Chicken Patty on a roll Oven Baked Fries Green Beans Assorted Fruit, Milk	Taco soft tortilla ALT: Chicken Nuggets Lettuce, Tomato, Cheese Tortilla Chips, Salsa Peach Cup, Milk	Tuna Salad in a Pita ALT: Chicken Patty on a roll Chicken Vegetable Soup Pickle, Heartzels Assorted Fruit, Milk	Pancakes w/wo syrup ALT: Egg McNorfolk (sausage, egg, & cheese) Egg, Sausage, Potato Smiles Juice, Warm Blueberries	Chicken Stir Fry ALT: Chicken Patty on a roll Carrot Sticks Steamed Rice Assorted Fruit, Milk
No School Martin Luther King Day 		PAPA GINO'S PIZZA ALT: Chicken Patty on a roll Salad w/wo dressing Cheese Cup Assorted Fruit, Milk	French Toast Sticks ALT: Warm Ham & Cheese Bagel Juice, Syrup, Egg Sausage, Potato Puffs Warm Blueberries	Hot Dog in a bun ALT: Chicken Patty on a roll Vegetable Soup, Baked Beans Steamed Corn Assorted Fruit, Milk
Popcorn Chicken w/bread ALT: Chicken Patty on a roll Steamed Rice Green Beans, Lettuce, Tomato Peach Cup Assorted Fruit, Milk	Turkey BLT Roll up ALT: Hamburger/cheese in bun Tortilla Chips, Salsa Apple Crisp Corn Assorted Fruit, Milk	Chicken Salad Pocket ALT: Chicken Patty on a roll Hearty Vegetable Soup Oven Fries Assorted Fruit & Milk Strawberry Cup	Mini Pancakes ALT: Assorted Cereal Juice, Syrup, Egg Sausage, Potato Smiles Warm Blueberries Assorted Fruit, Milk	Lucky Tray Day Meatballs in a bread bowl ALT: Macaroni & Cheese Broccoli Parmesan Cheese Assorted Fruit, Milk
 				
www.myschoolbucks.com				

Prepay for February ~ 16 Lunches \$48.00

Lunch menus are subject to change without notice. Every effort will be made to adhere to the published menu, but problems with suppliers, equipment, or other extenuating circumstances may require that the menu be changed at the last minute. Children will still be served a nutritious lunch. Thank you in advance for your understanding.

If you have a FOOD ALLERGY be sure to inform the cafeteria server before placing your order

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